

BY SPA Mediterranean
Mallorca

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Massage Treats

Massage Moments.

Body & Soul



Contents



Page 3	Exclusive upgrade options
Page 4	Harmony back
Page 5	Cupping Ritual
Page 6	SPA-Classic
Page 7	Aloe Vera Massage Ritual
Page 8	Mediterrane Wellness Ritual
Page 9	Coffee & Chocolate Ritual
Page 10	Candle oil massage ritual
Page 11	Hemp oil massage ritual
Page 12	Thalasso - Treasures from the Sea
Page 13	Rituals from around the world
Page 14	Meditation Massage
Page 15	Golf Performance Massage
Page 16	Mediterrane Peeling Ritual
Page 17	Wellness package for “her”
Page 18	Wellness package for “him & her”
Page 19	Wellness package for “him”
Page 20	Signature Treatment



“EXCLUSIVE UPGRADE OPTIONS”

Professional Effect Amplifiers

BASIC	PREMIUM	SIGNATURE
No time wasted	10-20 minutes	20-35 minutes
U1 Infrared Upgrade during treatment! €15 It optimally prepares the tissue and intensifies the deep effect of every massage. U2 Premium Aroma Oil Selection! €8 A custom fragrance composition to match your mood - relaxing, invigorating or balancing. U3 CBD Relief Intensive! €19 Supports muscular relaxation, reduces local pain sensitivity. Soothes overstimulated tissue structures and promotes regeneration after exertion. U4 Fresh Aloe Vera! €19 A moisture boost from freshly cut aloe vera leaves. Integrated directly into your treatment. U4a Marine Elixir Intensive! 18€ Enhance your treatment with a highly concentrated marine oil elixir, enriched with algae extracts, marine trace elements, and regenerating omega fatty acids. Purifying and detoxifying. U5 Detox-FuBritual +10 minutes! €15 Salt scrub and warm compresses - ideal as a preparatory balancing treatment for the entire body. U6 Hot Stone Intensive +15 minutes! €18 Warm basalt stones release deep muscle tension and provide intense warmth deep down. U7 Moor or heat pack back or abdomen +15 minutes! €22 Mineral-rich deep heat for lasting relaxation. U8 Deep Detox Lymph Drainage +20 minutes! €19 Activates lymph flow with special detox active gel or lymph oil. RW2 Ayurvedic head massage (Shiro Abhyanga) +20 minutes €39 Stress reduction, mental balance, better sleep. With sesame oil RW3 Ayurvedic facial massage (Mukha Abhyanga) +20 minutes €39 Stress reduction, mental balance, better sleep. With coconut oil & ylang ylang. U9 Anti-Stress Ritual +20 minutes! €35 Massage + head & face or foot massage + aromatherapy oil. U10 CBD Deep Relief +20 minutes €39 CBD oil integration with in-depth trigger point work & heat compresses to enhance the effect. U11 Detox Back Intensive +35 minutes! €45 Peeling + Cupping + Heat Pack U12 Pedicure “Barefoot by the Sea” +25 minutes! €49 Care & massage with almond oil and rose geranium for light, well-groomed feet. U13 Warm sea snail or shell massage +20 minutes! €25 for back, shoulder/neck area or legs during detox or relaxation treatments. RW6 Ayurvedic Herbal Stamps (Pinda Sveda) +25 minutes €45 Warm, herb-filled poultices loosen muscles and stimulate blood circulation. Ideal for relieving tension. Muscle relaxant, metabolism-boosting		



Harmony back

Deep & pain-relieving

Experience deep, pain-relieving, and harmonious massages with precious oils.

The 50-minute treatment also includes an arm massage.

The 80-minute treatment also includes a foot massage, a reflexology massage of the back, and a leg massage.

49€ | 25 min

79€ | 40 min

99€ | 50 min

149€ | 80 min

R1 Combi Relax med.(With ginger oil)

Pain-relieving, individually tailored back, neck, and shoulder massage. Ginger oil helps with neck stiffness, muscle pain, muscle soreness, and joint inflammation.

R2 “Jetlag” - Shoulder and Neck Massage

Neck pain or tension from sitting for hours. Targeted massage for travelers.

Our exclusive “signature massage oils” are also available for home use after the treatment.

“SIGNATURE
TREATMENTS
HIGHLIGHT”



CUPPING

RITUALS

Traditional cupping with flowing massage

Exclusive full-body ritual involving gentle cupping
Techniques that activate blood circulation and release tension.

79€ | 40 min

99€ | 50 min

139€ | 80 min

S1 Cupping Ritual for Neck & Back (With mint oil)

A soothing cupping ritual for neck and back with warm aromatic oil and relaxing fragrance accompaniment – for renewed lightness and relaxed muscles.

S2 Aroma Stone Cupping Ritual (Grounding & stabilizing with vetiver)

The combination of warmth, warm stones, and gentle cupping techniques has a relaxing and balancing effect on the back, shoulders, and selected areas.

Our exclusive “signature massage oils” are also available for home use after the treatment.

“SIGNATURE
TREATMENTS
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SPA - CLASSIC

Targeted and deep-acting pain relief

Targeted, gentle to deep pressure and pulling techniques help to release muscular tension, activate blood circulation and support joint mobility.

79€ | 40 min

99€ | 50 min

139€ | 80 min

SK2 Sports Massage - Active Balance

A targeted massage for regeneration after physical exertion – relaxing, activating, and balancing.
Mediterranean mint and citrus blend.

SK3 Deep Tissue Massage

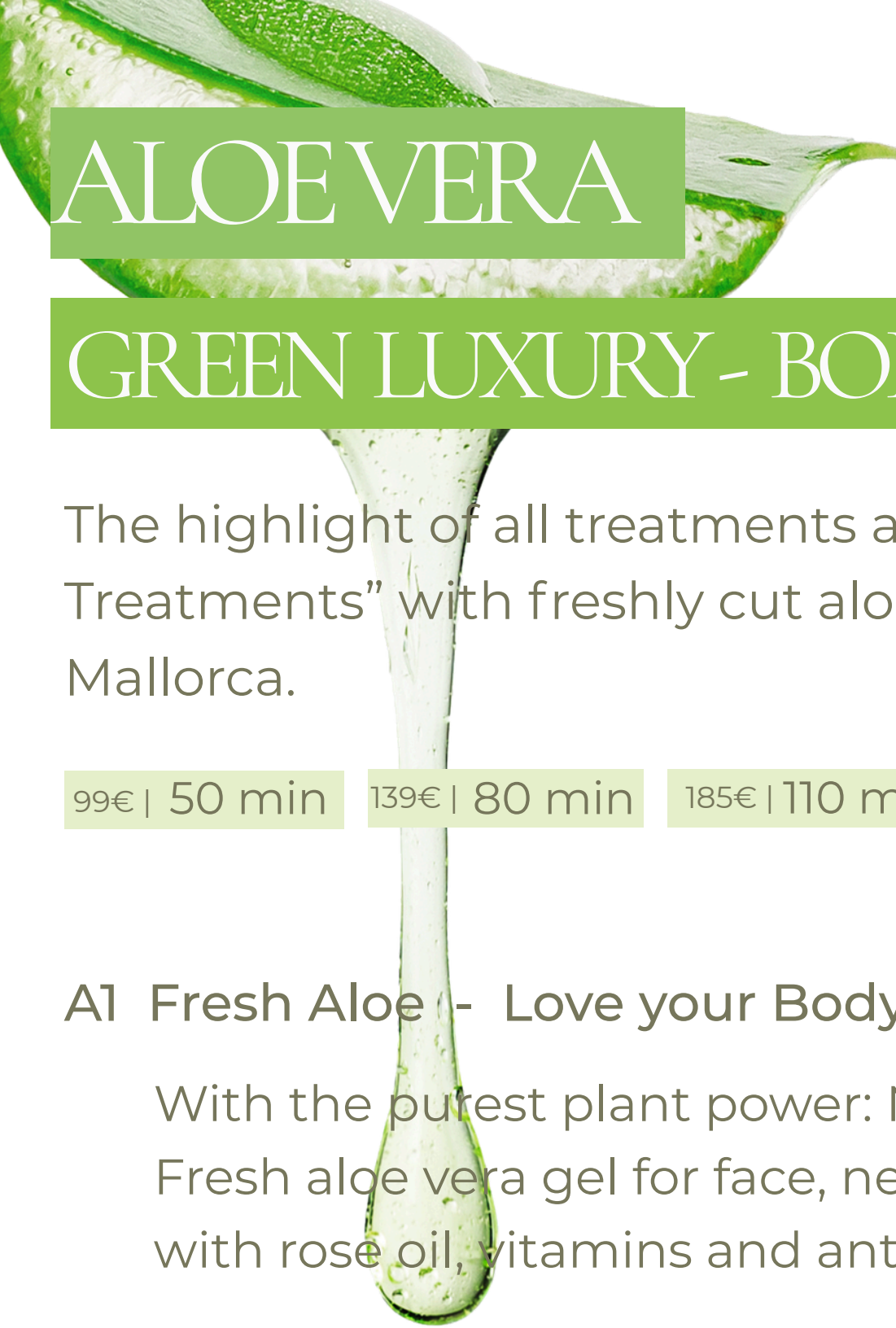
This sports and wellness massage combines gentle, deep-tissue massage techniques with flowing strokes and light stretches. Infused with mint and orange oil essences.

SK4 Joint & Mobility

For stiffness and joint pain: Gentle mobilization with hemp oil and essences of ginger and rosemary oil.

Our exclusive
“signature massage
oils” are also available
for home use after
the treatment.

“SIGNATURE
TREATMENTS
HIGHLIGHT”



ALOE VERA

“SIGNATURE
TREATMENTS”

GREEN LUXURY - BODY RITUAL

The highlight of all treatments are our “Signature Treatments” with freshly cut aloe vera plant leaves from Mallorca.

99€ | 50 min 139€ | 80 min 185€ | 110 min

A1 Fresh Aloe - Love your Body & Face Age

With the purest plant power: Nourishing and rejuvenating. Fresh aloe vera gel for face, neck, décolleté and body, enriched with rose oil, vitamins and antioxidants.



A2 Aloe Körperpeeling Ritual

Experience the ultimate skincare experience for radiantly smooth skin with coconut sugar, fresh aloe vera gel and avocado oil.

49€ | 25 min

A3 Pure Moisture

Pure moisture for the whole body with active ingredients from fresh aloe vera and vitamins A and E. Connective tissue is naturally strengthened, and moisture reserves are replenished.

A4 Back massage with fresh aloe vera

Relaxing massage with high-quality oils and aroma compresses, and a moisture boost from freshly applied... cut aloe vera leaves.

79€ | 40 min



MEDITERRANEAN

WELLNESS RITUALE

“SIGNATURE
TREATMENTS
HIGHLIGHT”

The 80-minute treatment will also pamper you with soothing effects. Herbal compresses or a sea salt and olive scrub.

They also receive a foot reflexology massage for 110 minutes.

99€ | 50 min

139€ | 80 min

185€ | 110 min

K1 Anti-Stress Body - Coconut & Vanilla Oil

Warm coconut and vanilla oil envelops the body during this exclusive massage. Aromatic compresses guide you into deep relaxation, providing a sense of security and renewed energy.

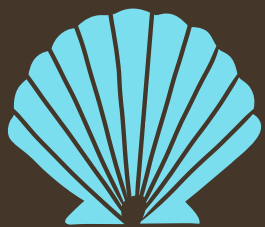
K2 Spirit of Mallorca - Grapefruit & Orangenöl

Sweet orange and grapefruit awaken the senses. A gentle, energizing head, foot, and body massage with warming, precious oils. Mood-lifting and positive.

K3 Tapas Body - Ginger Oil & Rosemary

A mix of warm stones and 3 harmonizing massages. A relaxing back, neck, and head massage is followed by a foot, leg, and face massage. For more lightness and joy of life.





COFFEE & CHOCOLATE SPA MENU

ENERGY MEETS ENJOYMENT

A sensual spa experience that combines the invigorating power of coffee with exquisite chocolate.

C1 Coffee & Chocolate Deluxe Ritual

A luxurious pampering ritual, a gentle coffee scrub, a creamy chocolate wrap and a warming aromatherapy massage with orange, vanilla and cocoa scents. For a pleasurable feeling of well-being.

185€ | 110 min

C2 Chocolate Bliss

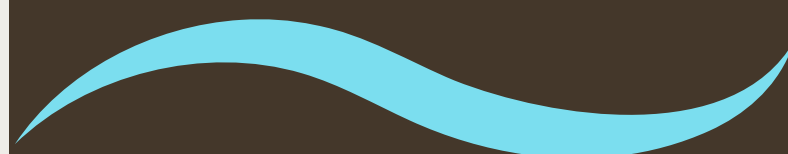
A sensual pampering ritual for body and senses. Warm, melted cocoa butter combined with nourishing jojoba and almond oil envelops the skin, while fragrance notes of vanilla and a hint of sandalwood deeply relax. A moment of
45 minutes - \$99 / 90 minutes - \$129
pure bliss.

139€ | 80 min



RELAX & REVIVE

AROMATHERAPY



Candle oil massage

The pleasant warmth loosens the muscles, promotes relaxation, and leaves the skin feeling soft and cared for. Finely blended essential oils envelop the senses, bestowing peace, security, and a renewed sense of lightness.



K4 Warm Glow Massage - Neck & Back

A soothing candle oil massage for the neck and back, in which warm, melted candle oil is gently poured onto the skin.

99€ | 50 min

K5 Candle Oil Massage - Candle Ritual

Immerse yourself in a sensual relaxation ritual that touches both body and senses. It has a calming, enveloping, and balancing effect, combining soothing, fragrant warmth with a unique spa experience. With ylang-ylang and sandalwood. Ideal for stress relief and evening treatments.

139€ | 80 min

185€ | 110 min

Hemp oil Harmony

Natural relaxation with
the power of hemp oil

Hemp oil has a relaxing, nourishing, and regenerative effect. This precious oil provides intensive nourishment and supports muscle regeneration. Soothing and pain-relieving.

79€ | 40 min 99€ | 50 min 155€ | 80 min

H1 Hemp Signature - Luxury Ritual

A moment of timeless elegance and deep relaxation. Warm hemp oil combines with flowing massage strokes and a refined fragrance signature.

H2 Hemp Therapeutic - Balance Massage

A calm, mindful massage focusing on relief and balance. Gentle pressure and traction with warm hemp oil. Particularly beneficial for stress- and posture-related discomfort.

H3 Hemp Active - Recovery Massage

An invigorating wellness massage for stressed muscles. Firmer strokes, targeted stretches, and warming hemp oil promote regeneration.





THALASSO & DETOX

Treasures from the sea

Immerse yourself and recharge:
Discover the power of the sea
with Thalasso treatments -
“detoxifying & purifying” with
highly effective “Signature”
products.

99€ | 50 min

155€ | 80 min

199€ | 120 min

T1 Thalasso from head to toe

The sea scrub is followed by a
detoxifying, regenerating algae
wrap that stimulates your
metabolism and remineralizes
your skin. A back massage and a
beauty facial mask complete the
pampering program.

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T2 Thalasso Oil and Salt Massage

This full-body scrub with sea salt
and algae-based oil revitalizes,
detoxifies, and stimulates the
metabolism. The subsequent
massage promotes blood
circulation, leaving your skin silky
and soft.



RELAX & REVIVE DETOX

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Ayurvedic rituals

Enjoy exotic massages



99€ | 50 min

149€ | 80 min

189€ | 110 min

RW1 Ayurvedic full body massage - Abhyanga

Flowing, rhythmic massage strokes with warm sesame oil, enriched with Ayurvedic essences of Brahmi and vetiver. Deeply relaxing, clarifying, and balancing.

RW4 Indian Foot and Calf Massage

20/40 min

An Ayurvedic foot and calf massage with warmed oil: It helps with nervousness, sleep disorders, and headaches. The entire body is pleasantly strengthened with flowing massage strokes over the reflex points. With precious sesame oil.

49 | 79€

RW5 Ayurvedic Head & Face Massage

A blend of rhythmic massage strokes with warm sesame oil and gentle movements with coconut and rose oil. Promotes blood circulation and smooths the skin. Has a deeply relaxing, clarifying, and balancing effect.

Meditation & Touch

Deep relaxation through mindful touch

Meditative massages combine conscious touch, calm breathing, and slow massage strokes. Ideal for those seeking depth, tranquility, and regeneration.



M1 Deep Calm Ritual

An exclusive meditation ritual with gentle massage, extended periods of rest, and warm aromatic oil.

Mandarin and frankincense have a deeply calming and grounding effect, supporting mental regeneration.

Fragrance experience: balsamic, grounding, meditative

149€ | 80 min

189€ | 110 mn

M2 Silent Touch Meditation Massage

A massage in near-complete silence with minimal fragrance. Sandalwood or a hint of incense deepens perception and promotes inner clarity.

Fragrance experience: still · warm · clear

149€ | 80 min

189€ | 110 min

Golf Performance

Specifically designed for golfers. Targeted massage techniques support regeneration.

79€ | 40 min

99€ | 50 min

139€ | 80 min



G1 Golf Recovery Massage

Targeted massage of the back, shoulders, neck, arms and legs.

G2 Golf Mobility Massage

Lavender and cedarwood help to release tension and regenerate muscles. Focus areas: back, arms, shoulders, and neck.

G3 Golf Swing Balance

Lavender and cedarwood help to release tension and regenerate muscles. Focus areas: back, arms, shoulders, and neck.

Mediterranean Peeling Ritual

A sensual body experience inspired by sun, sea & Mediterranean lifestyle.



P1 Mallorca on the skin – Mallorca

A refreshing cocktail for the skin, featuring a Mallorcan sea sand body scrub with crystal salts, figs, honey and orange oil.

P2 Lavender Sea Salt Scrub of Provence

Relaxing, balancing, and skin-clarifying.
A classic spa ritual with aromatherapy benefits. Promotes deep relaxation and balance of body and mind. Lavender, Mediterranean herbs, gentle wood notes.

P3 Fig & Almond Silk Scrub – Spain

Gently smoothing, moisturizing, and nourishing. A luxurious, exceptionally gentle scrub with almond oil and fig extract.
Fragrance profile: almond, ripe fig, and a hint of vanilla.

55€ | 25 min

*Partial body

75€ | 40 min

*Full body

WELLNESS PACKAGE

Mediterranean Signature Spa Ritual for “Her”

An exquisite Mediterranean pampering ritual with precious, valuable plant oils. Warm, sunny fragrance notes accompany this holistic experience from head to toe.

SP1 Dolce Vita

Mediterranean Welcome Foot Ritual: For a perfect start to your holiday. A fragrant sea salt foot bath with lemon, rosemary & rose oil.

Exclusive body scrub

Fine cane sugar & sea salt combined with marula oil, argan oil & rose extract – for silky, sun-ready skin.

Signature Body Massage & Aroma Facial & Head Massage

Flowing massage with white almond oil, argan oil & a touch of wild rose oil with rose, mandarin & ylang-ylang.

Rosé Glow – Mini Facial Treatment

Gentle cleansing with camellia oil, rose petal scrub, short face and neck massage with Rosa Damascena oil, final care with jojoba and rose hydrosol.

Pedicure “Barefoot by the sea”

Care & massage with almond oil and rose geranium for light, well-groomed feet.

219€ | 150 min

“SIGNATURE
TREATMENTS
HIGHLIGHT”



WELLNESS PACKAGE

"Holistic Time Out – For Him & Her"

Relaxation, pampering & renewed energy from head to toe for him or her.

SP2 Aromatherapy

Head & Face

Aromatherapy head and neck massage with warm lavender and rose oils for deep relaxation.

Luxury facial treatment

Cleansing, exfoliation, mask, and facial massage for a radiant complexion and moisture boost.

Relaxing back and shoulder massage

Relieves tension and promotes blood circulation. A gentle body scrub with sea salt and nourishing oils for velvety-soft skin.

Aromatherapy massage - body & soul

The aromatherapy full-body massage harmonizes body and mind. A combination of heat treatment with hot stones and warm plant oils brings deep relaxation.

185€ | 120 min

"SIGNATURE
TREATMENTS
HIGHLIGHT"



WELLNESS PACKAGE

Mediterranean wellness package for “him”

Strength, regeneration & masculine Mediterranean aromas
For a perfect start to your holiday...

SP3 "Costa Relax – him"

Head & Neck Ritual

A head and neck massage with cedarwood and bergamot has a clarifying, relaxing, and grounding effect.

Invigorating scrub & back massage

A citrus and sea salt scrub combined with a back massage using rosemary and juniper activates muscles and releases tension. Invigorating and refreshing.

Facial treatment for men's skin

Gentle cleansing with olive kernel scrub, face and neck massage with mint, bergamot and clay mask.

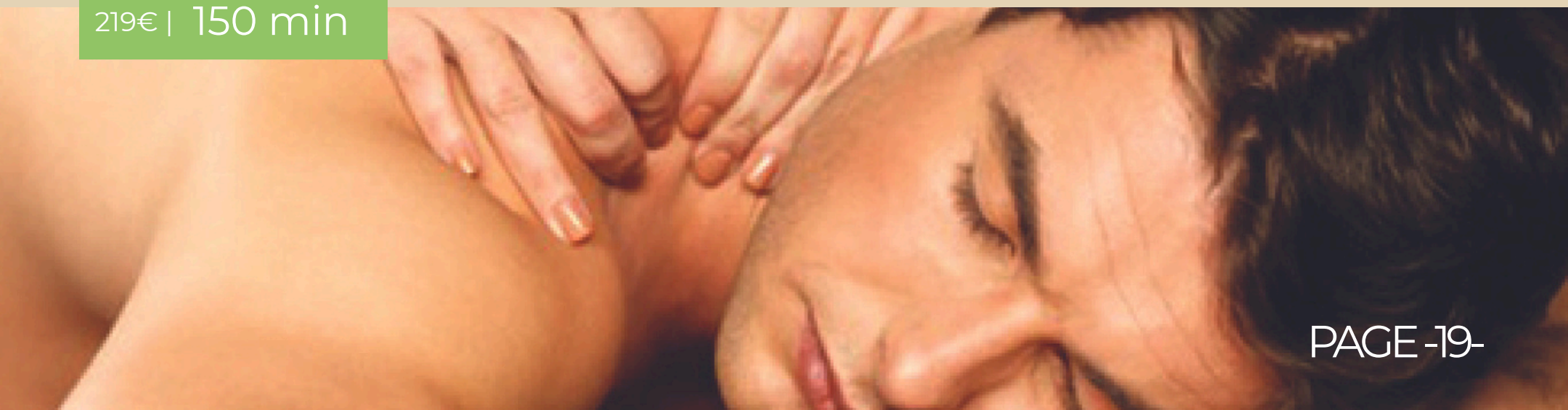
Body & Regeneration

A Mediterranean full-body massage with warm olive oil and bay leaf has a strengthening and regenerating effect. Warm lava stones with thyme and cypress provide deep muscle relaxation.

Hands & Feet

- Hand care with almond and cedarwood oil
- Foot care “Coast & Power”
- Sea salt foot bath · Care · Foot massage with rosemary oil
- Mineral water with orange & rosemary + resting time

219€ | 150 min



“SIGNATURE TREATMENTS”



Experience the ease of the south

Warming, precious plant oils, sea crystal salts and fresh aloe vera pamper your skin naturally.

Gentle sounds, warm & cold stones combined with Mediterranean fragrances

Experiences gently guide you through our well-being-

A feel-good program and back to your inner center.

Immerse yourself in the wonderful world of relaxation.

Experience the lightness of the South with our Mediterranean “Signature” wellness treatments.

It smells like vacation.

Our exclusive “signature massage oils” are also available for home use after the treatment.

